



Minor Injury Clinics

Rapid access to efficient and
convenient treatment and advice

Minor Injury Clinic

Efficient and Convenient

Minor injury clinics give rapid access to efficient and convenient treatment and advice on minor injuries including sports injuries such as fractures and dislocations and illnesses such as fever and infection.

Irish Life Health offer a contribution towards the costs of attending one of our approved Minor Injury Clinics, depending on your plan

Our approved network of walk-in clinics covers up to 20 locations nationwide.



County	Clinic
Cork	Affidea ExpressCare, The Elysian
	The Mercy Injury Unit, Gurrabraher
	Mallow Injury Unit, Mallow General Hospital
	Bantry Injury Unit, Bantry General Hospital
Clare	Ennis Injury Unit, Ennis Hospital
Dublin	Affidea ExpressCare, Tallaght, Dublin 24
	Children's Hospital Ireland at Connolly, Blanchardstown, Dublin 15
	Laya Health & Wellbeing Clinic, Cherrywood Business Park, Dublin 18
	Mater Smithfield Rapid Injury Clinic, Dublin 7
	St. Columcille's Injury Unit, Loughlinstown
	Affidea ExpressCare Northwood, Santry, Dublin 9
Galway	Laya Health & Wellbeing Clinic, Briarhill, Galway
Limerick	St. John's Injury Unit, St. John's Hospital
	Laya Health & Wellbeing Clinic, Ennis Road, Limerick
Louth	Dundalk Injury Unit, Louth County Hospital
Monaghan	Monaghan Injury Unit, Monaghan Hospital, Hill Street
Roscommon	Roscommon Injury Unit, Roscommon University Hospital
Tipperary	Nenagh Injury Unit, Tyone
	Cashel Minor Injury Unit, Lower Green, Green
Westmeath	Regional Hospital Mullingar Minor Injuries Unit, Charter Medical
	Private Hospital, Ballinderry, Mullingar

Opening times may differ for some minor injury clinics and are subject to change. Age restrictions may also apply. Please check these in advance of attending.



What's Treated

Below is a list of the type of issues that are treated in a Minor Injury Clinic. For confirmation that they can treat your injury and any age restrictions, we recommend you check directly with the clinic in advance.

Do not present to any Minor Injury Unit if you are displaying respiratory symptoms. Please phone your GP instead.

Injury	
Upper Limb Injury	✓
Lower Limb Injury	✓
Chest Injury*	✓
Sports Injury	✓
Foreign Bodies in Eyes/Ears/Nose*	✓
Wound Care	✓
Rashes & Skin Infections	✓
Insect Bites & Stings	✓
Minor Scalds & Burns	✓

*Assessed on a case by case basis. Severe cases are referred to hospital.



How to Claim

Direct Settlement Minor Injury Clinics

Irish Life Health will pay selected minor injury clinics directly up to the amount detailed on your table of cover for each visit.

This includes cover towards the initial consultation and if deemed necessary the following treatments related to the initial consultation: x-ray, stitching, full cast, temporary cast, splints and crutches.

Pay and Claim Minor Injury Clinics

You will pay the clinic directly and claim back up to the amount detailed on your table of cover.

To confirm Direct Settlement or Pay and Claim please consult your Irish Life Health membership handbook.

Information relating to benefits and cover contained within this document is not conclusive. For full details on what's covered and what's not covered see the relevant Table of Cover and Member Handbook at irishlifehealth.ie.

Information correct as of April 2023.

Irish Life Health dac is regulated by the Central Bank of Ireland.



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